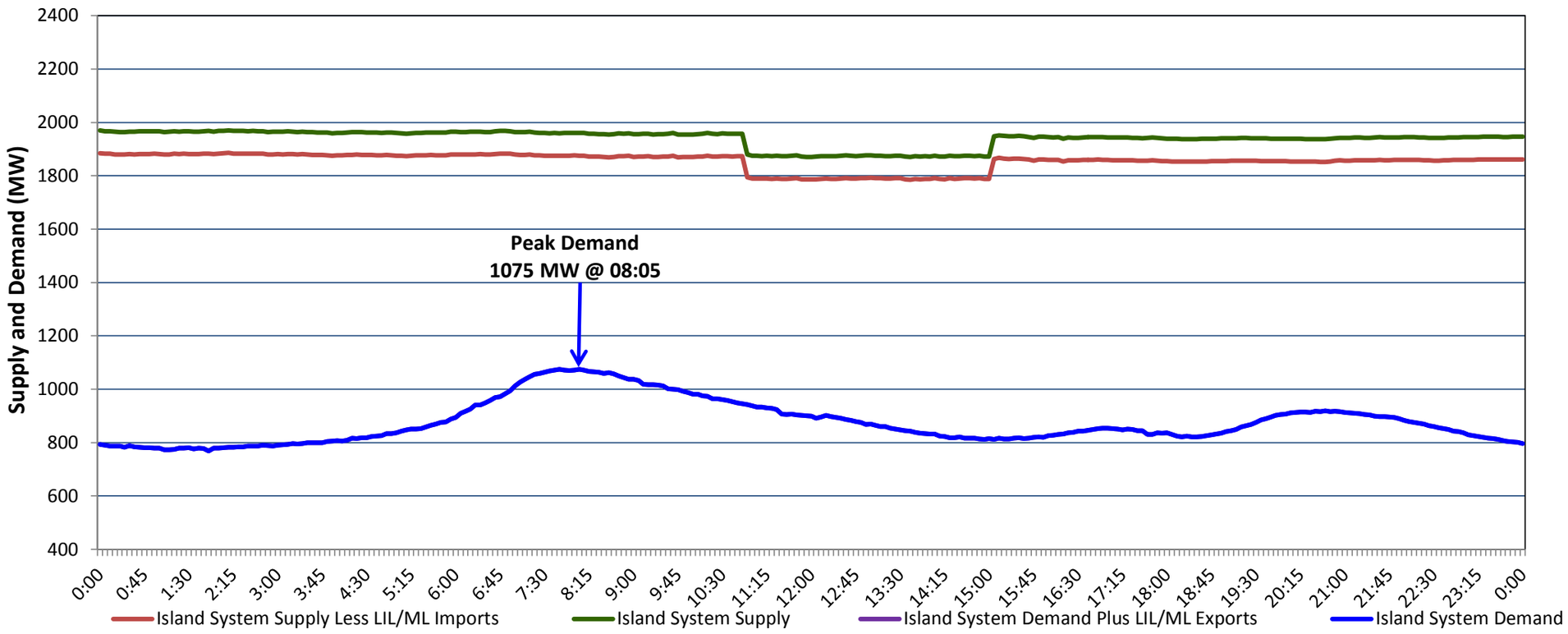
Newfoundland Labrador Hydro (NLH)
Supply and Demand Status Report Filed Thursday, March 25, 2021

Section 1
Island Interconnected System Supply, Demand & Exports
Actual 24 Hour System Performance For Wednesday, March 24, 2021



Supply Notes For March 24, 2021 [1,2]

A	At 1051 hours, March 24, 2021, Hinds Lake Unit unavailable due to planned outage (75 MW).
B	At 1504 hours, March 24, 2021, Hinds Lake Unit available (75 MW).
C	At 1800 hours, March 24, 2021, Holyrood Unit 1 available but not operating (170 MW).

Section 2
Island Interconnected Supply and Demand

Thu, Mar 25, 2021	Island System Outlook[3]		Seven-Day Forecast	Temperature (°C)		Island System Daily Peak Demand (MW)	
				Morning	Evening	Forecast	Adjusted[7]
Available Island System Supply:[5]	**1,955**	**MW**	Thursday, March 25, 2021	1	3	**1,115**	**1,014**
NLH Island Generation:[4]	1,525	MW	Friday, March 26, 2021	5	6	1,050	950
NLH Island Power Purchases:[6]	100	MW	Saturday, March 27, 2021	-1	-2	1,260	1,157
Other Island Generation:	245	MW	Sunday, March 28, 2021	-3	-3	1,215	1,113
ML/LIL Imports:	85	MW	Monday, March 29, 2021	-3	0	1,260	1,157
Current St. John's Temperature & Windchill: -1 °C	-4	°C	Tuesday, March 30, 2021	1	-2	1,150	1,049
7-Day Island Peak Demand Forecast:	**1,315**	MW	Wednesday, March 31, 2021	-3	-1	1,315	1,049

Supply Notes For March 25, 2021 [3]

Notes:
1. Generation outages for running and corrective maintenance are included. These are not unusual for power system operations. They generally do not impact customer supply. The power system operators schedule outages to system equipment whenever possible to coincide with periods when customer demands are low and sufficient supply reserves are available. However, from time to time equipment outages are necessary and reserves may be impacted.
2. Due to the Island system having no synchronous connections to the larger North American grid, when there is a sudden loss of large generating units there may be a requirement for some customer's load to be interrupted for short periods to bring generation output equal to customer demand. This automatic action of power system protection, referred to as under frequency load shedding (UFLS), is necessary to ensure the integrity and reliability of system equipment. Under frequency events have typically occurred 5 to 8 times per year on the Island Interconnected System and the resultant customer load interruptions are generally less than 30 minutes. With the activation of the Maritime Link frequency controller during the winter of 2018, UFLS events have occurred less frequently.
3. As of 0800 Hours.
4. Gross output including station service at Holyrood (24.5 MW) and improved NLH hydraulic output due to water levels (35 MW).
5. Gross output from all Island sources (including Note 4).
6. NLH Island Power Purchases include: CBPP Co-Gen, Nalcor Exploits, Rattle Brook, Star Lake, Wind Generation and capacity assistance (when applicable).
7. Adjusted for curtailable load, market activities and the impact of voltage reduction when applicable.

Section 3
Island Peak Demand Information
Previous Day Actual Peak and Current Day Forecast Peak

Wed, Mar 24, 2021	Actual Island Peak Demand[8]	08:05	1,075 MW
Thu, Mar 25, 2021	Forecast Island Peak Demand		1,115 MW

Notes: 8. Island Demand / LIL / ML Exports (where applicable) is supplied by NLH generation and purchases, plus generation owned and operated by Newfoundland Power and Corner Brook Pulp & Paper (Deer Lake Power, DLP).